

NUTRITION AND DIETETICS EXCHANGE STUDENTS



If you are looking for a life-changing experience as an exchange student, UC Leuven-Limburg may be exactly what you are looking for. For Nutrition and Dietetics we have developed an Autumn-semester exchange programme in English. In Spring we welcome those students who want to undertake a traineeship in combination with a research project. Every semester starts with an introduction week for exchange students. You are most welcome to participate in this programme as an Erasmus or exchange student or as free mover student at the Health campus of the faculty of Health and Social Work in Leuven.

Both programmes offer a selection of our regular scientific education programme with a broad curriculum providing students with the theoretical knowledge and practical skills to graduate as excellent dietitians. It gives you the insight of the composition of food and its influences on health and illness. Our students learn to analyse nutritional requirements and to deal with evidence-based applications, such as applying results of scientific literature into practical advices for clients and patients. In this, theory and practice go hand in hand.

PROGRAMME

UC Leuven-Limburg offers a number of courses which are of general interest to all exchange students. Each of those open courses can be included in your study programme. They are a great opportunity to meet students from many countries and with diverse interests. Specialised training in the fields of Nutrition and Dietetics is available for the Autumn-semester to complement your own study programme. All courses are taught in English. Please note that a beginner's level of English is not sufficient to attend courses and take exams. If you are a Dutch-speaking exchange student, your programme may be supplemented with a selection of courses from the regular programmes in Nutrition and Dietetics.

The **Autumn programme** (September to January) constitutes 32 ECTS, divided in 3 themes:

1. Patient-oriented dietetics (20 ECTS)
 - i. Pathophysiology (4 ECTS)
 - ii. Dietetics (7 ECTS)
 - iii. Workshops dietary recommendations (9 ECTS)
2. Nutritional needs for special population groups (8 ECTS)
3. Psychology and ethics (4 ECTS)

The **Spring programme*** (February to June) constitutes 30 ECTS

1. Traineeship 1 (7 weeks; 9 ECTS)
2. Traineeship 2 (7 weeks; 9 ECTS)
3. Research project (9 ECTS)
4. Course of own choice**

*Available for a limited number of students.

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Specific information on the courses and subjects offered can be found on our website

www.ucll.be/international/programmes/exchange-students/leuven.

CONTACT

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BELGIUM-LEUVEN

The attraction of Belgian student cities such as Leuven is the small format and the safe, green surroundings. Our campuses are situated at the heart of Europe just minutes away from Brussels and nearby other European capitals. With easy access to either the sea and hilly regions and an overwhelming offer of festivals, performances, cultural centres or museums, you will find it impossible to be bored.

Leuven, the capital of the province of Flemish Brabant, is a charming, fascinating and safe student town. And what's more, it is a nice place to study. Thousands of students have experienced it from as early as 1425, when the Leuven University was founded, until this very day. Leuven is relatively small, yet you will find almost anything: inviting cafés, pleasant sandwich shops, cosy restaurants, charming shopping streets and a large selection of cultural, sports and recreational events. In all, Leuven is just the right size to bike or walk around town. Studying in Leuven means so much more than just being in a classroom. It is truly an experience that you will remember for the rest of your life.

